

## About Singing:

## Sheri Kershaw



Some one recently said to me that I sang as if I was performing even when I was rehearsing.

A dear friend asked those coming to her 70th birthday celebration to bring an offering, a poem, a piece of writing, music to share. I played and sang , people clapped.

I had wanted to give my singing self to and for my friend. It got me thinking

Singing for me is not about a performance though I acknowledge that the audience wish to be entertained.. something for the eyes something for the ears and possibly something that entices the body to move and relax... or to sing along. For me it is a deep connection with my heart, with the beauty that I attend to, that is human feeling, empathy, connection.

A friend is a loved one in whom we see the beauty that they often forget is who they are, just as we often forget that it is in us. We see it even when they don't and in remembering them we see it even if we disagree or argue, caught up in discomfort and annoyance.

In singing , I have honed my voice with my very soul, acknowledging and touching those emotions I might shy away from , somehow ashamed to display. In singing, I can move through emotions I may not show in conversation.

I can be consumed with the beauty of them following the nuances of voice that naturally occur , the flow of feeling. To do this, I have to have the courage to be vulnerable. So singing for me is not about performance, it at its best is a deep connection with the beauty in myself, knowing I can share this, my gift.

Because this beauty is not just mine it is in all of us. And when connected, following it as it appears, it brings a deep joy, it is love.

**Find out more about Sheri's music and songwriting at:**

**[www.shrikershaw.com](http://www.shrikershaw.com)**